

## Selbstkontrollanforderungen und Emotionsarbeit

- Externbrink\*, K., Diestel\*, S., & Krings, M. (2019). When Do Those High in Trait Self-Control Suffer From Strain? The Interplay of Trait Self-Control and Multiple Stressors. *Journal of Personnel Psychology*. doi: 10.1027/1866-5888/a000218
- Rivkin, W., Diestel, S., & Schmidt, K. H. (2018). Which Daily Experiences Can Foster Well-Being at Work? A Diary Study on the Interplay Between Flow Experiences, Affective Commitment, and Self-Control Demands. *Journal of Occupational Health Psychology, 23*, 99-111. doi: 10.1037/ocp0000039
- Prem, R., Kubicek, B., Diestel, S., & Korunka, C. (2016). Regulatory job stressors and their within-person relationships with ego depletion: The roles of state anxiety, self-control effort, and job autonomy. *Journal of Vocational Behavior, 92*, 22-32. doi: 10.1016/j.jvb.2015.11.004
- Schmidt, K. H., Beck, R., Rivkin, W., & Diestel, S. (2016). Self-Control Demands at Work and Psychological Strain: The Moderating Role of Physical Fitness. *International Journal of Stress Management*. doi: 10.1037/str0000012
- Diestel, S., & Schmidt, K. H. (2015). The protective role of selection, optimization and compensation in coping with self-control demands at work. *Research Journal, 37*, 37-55.
- Diestel, S., Rivkin, W., & Schmidt, K. H. (2015). Sleep quality and self-control capacity as protective resources in the daily emotional labor process: Results from two diary studies. *Journal of Applied Psychology, 100*, 809-827. doi: 10.1037/a0038373
- Schmidt, K. H., & Diestel, S. (2015). Self-Control Demands: From Basic Research to Job-Related Applications. *Journal of Personnel Psychology, 14*, 49-60. doi: 10.1027/1866-5888/a000123
- Rivkin, W., Diestel, S., & Schmidt, K. H. (2015). Psychological detachment: A moderator in the relationship of self-control demands and job strain. *European Journal of Work and Organizational Psychology, 24*, 376-388. doi: 10.1080/1359432X.2014.924926
- Schmidt, K. H., & Diestel, S. (2014). Are emotional labour strategies by nurses associated with psychological costs? A cross-sectional survey. *International journal of nursing studies, 51*, 1450-1461. doi: 10.1016/j.ijnurstu.2014.03.003
- Diestel, S., & Schmidt, K.-H. (2012). Lagged mediator effects of self-control demands on psychological strain and absenteeism. *Journal of Occupational & Organizational Psychology, 85*(4), 556–578. <https://doi.org/10.1111/j.2044-8325.2012.02058>
- Diestel, S., & Schmidt, K.-H. (2011). The moderating role of cognitive control deficits in the link from emotional dissonance to burnout symptoms and absenteeism. *Journal of Occupational Health Psychology, 16*, 313–330. doi: 10.1037/a0022934
- Diestel, S., & Schmidt, K.-H. (2011). Costs of simultaneous coping with emotional dissonance and self-control demands at work: Results from two German samples. *Journal of Applied Psychology, 96*, 643–653. doi: 10.1037/a0022134
- Diestel, S., & Schmidt, K.-H. (2010). Interactive effects of emotional dissonance and self-control demands on burnout, anxiety, and absenteeism. *Journal of Vocational Behavior, 77*, 412-424. doi: 10.1016/j.jvb.2010.05.006

Diestel, S., & Schmidt, K.-H. (2009). Mediator and moderator effects of demands on self-control in the relationship between work load and indicators of job strain. *Work & Stress*, 23, 60-79. doi: 10.1080/02678370902846686

## **Burnout**

Kleinsorge, T., Diestel, S., Scheil, J., & Niven, K. (2014). Burnout and the fine-tuning of cognitive resources. *Applied Cognitive Psychology, 28*, 274-278. doi: 10.1002/acp.2999

Diestel, S., Cosmar, M., & Schmidt, K.-H. (2013). Burnout and impaired cognitive functioning: The role of executive control in the performance of cognitive tasks. *Work & Stress, 27*, 164-180. <http://dx.doi.org/10.1080/02678373.2013.790243>

Diestel, S., & Schmidt, K.-H. (2010). Direct and interaction effects among the dimensions of the Maslach Burnout Inventory: Results from two German longitudinal samples. *International Journal of Stress Management, 17*, 159-180. doi: 10.1037/a0018967

## **Führung, Teamdiversität und sozialer Kontext in Organisationen**

Diestel, S., Wegge, J., & Schmidt, K.-H. (2014). The impact of social context on the relationship between individual job satisfaction and absenteeism: The roles of different foci of job satisfaction and work-unit absenteeism. *Academy of Management Journal, 57*, 353-382. doi: 10.5465/amj.2010.1087

Rivkin, W., Diestel, S., & Schmidt, K. H. (2014). The positive relationship between servant leadership and employees' psychological health: A multi-method approach. *Zeitschrift für Personalforschung/German Journal of Research in Human Resource Management, 52-72*.

Steffens, N. K., Shemla, M., Wegge, J., & Diestel, S. (2014). Organizational tenure and employee performance a multilevel analysis. *Group & Organization Management, 39*, 664-690. doi: 10.1177/1059601114553512

Wegge, J., Jungmann, F., Liebermann, S., Shemla, M., Ries, B.C., Diestel, S., Schmidt, K.-H. (2012). What makes age diverse teams effective? Results from a six-year research program. *Work, 41*, 5145-5151. doi: 10.3233/WOR-2012-0084-5145

Ries, B.C., Diestel S., Wegge J., & Schmidt, K.-H. (2010). Die Rolle von Alterssalienz und Konflikten in Teams als Mediatoren der Beziehung zwischen Altersheterogenität und Gruppeneffektivität [The role of salience of age heterogeneity and conflicts in teams as mediators in the relationship between age heterogeneity and group effectiveness]. *Zeitschrift für Arbeits- und Organisationspsychologie, 54*, 117-130. doi: 10.1026/0932-4089/a000022

Diestel, S., Neubach, B., & Schmidt, K.-H. (2009). Einflüsse des sozialen Kontexts auf individuelle gesundheitliche Beschwerden [Influences of social context on individual health complaints]. *Zeitschrift für Arbeits- und Organisationspsychologie, 53*, 45-56. doi: 10.1026/0932-4089.53.2.45

## **Sonstige Publikationen**

Kühnel, J., Diestel, S., & Melchers, K. G. (2020). An ambulatory diary study of mobile device use, sleep, and positive mood. *International Journal of Stress Management*. doi: 10.1037/str0000210

Seidel, M., King, J. A., Ritschel, F., Boehm, I., Geisler, D., Bernardoni, F., Holzapfel, L., Diers, K. Diestel, S., Strobel, A., Goschke, T., Walter, H., Roessner, V., & Ehrlich, S. (2018). The real-life costs of emotion regulation in anorexia nervosa: a combined ecologi-

cal momentary assessment and fMRI study. *Translational Psychiatry*, 8, 28. doi:10.1038/s41398-017-0004-7

- Maydych, V., Claus, M., Dychus, N., Ebel, M., Damaschke, J., Diestel, S., Wolf, O., Kleinsorge, T., Watzl, C. (2017): Impact of chronic and acute academic stress on lymphocyte subsets and monocyte function. *PLoS ONE* 12, 11. doi: 10.1371/journal.pone.0188108
- Klein, A. G., Gerhard, C., Büchner, R., Diestel, S., & Schermelleh-Engel, K. (2016). The detection of heteroscedasticity in regression models for psychological data. *Psychological Test and Assessments Modelling*, 58, 567-592.
- Seidel, M., Petermann, J., Diestel, S., Ritschel, F., Boehm, I., King, J. A., Geisler, D., Bernadoni, F., Roessner, V., Goschke, T. & Ehrlich, S. (2016). A naturalistic examination of negative affect and disorder-related rumination in anorexia nervosa. *European child & adolescent psychiatry*, 1-10. doi: 10.1007/s00787-016-0844-3
- Küper, K., Rivkin, W., Diestel, S., Schmidt, K. H., von Myrow, T. M., Przybysz, P., Ahlfeld, C., Frißem, M., Zülch, J., Kleibömer, S., Günnewig, J., te Heesen, M. & Falkenstein, M. (2015). Innovationskraft altersgemischter Belegschaften steigern—Eine ganzheitliche Intervention/ Increasing Innovative Strength of mixed aged workforce. In S. Jeschke, A. Richter, F. Hees & C. Jooß (Eds.), *Exploring Demographics* (pp. 463-475). Wiesbaden: Springer Fachmedien.
- Schmidt, K.-H., & Diestel, S. (2013). Job demands and personal resources in their relations to indicators of job strain among nurses for older people. *Journal of Advanced Nursing*, 69, 2185-2195. doi: 10.1111/jan.12082
- Schmidt, K.-H., & Diestel, S. (2011). Differential effects of decision latitude and control on the job demands–strain relationship: A cross-sectional survey study among elderly care nursing staff. *International Journal of Nursing Studies*, 48, 307-317. doi: 10.1016/j.ijnurstu.2010.04.003